



# THE WELLNESS BAR

AT FLEURISH

## Wellness Shots

\$6 each or 2/\$10

### Glow Getter

*Anti-inflammatory + Skin brightening*

Lemon, Turmeric, Honey, Black Pepper

### Metaboost

*Metabolism + Energy boost*

Apple Cider Vinegar, Lemon, Honey, Cayenne

### Immunity

*Immune Support + Gut Health*

Ginger, Lemon, Honey, Apple Cider Vinegar

## Vitamin Injections

\$32 each or 4/\$100

### Immunity (Glutathione)

Immunity, Inflammation, Anti Aging, Skin Health

### Fountain of Youth (NAD+)

Repairs cells, Healthy aging, Boosts Energy and Cognitive functions

### Recharge & Recenter (B12)

Energy, Metabolism, Brain Health, Mood

### Skinny Shot (MIC)

Speeds Metabolism, Breaks down Fatty Foods, Detox, Energy

### Performance & Endurance (L-Carnitine)

Muscle Recovery, Healing and Tissue Repair, Performance Enhancing

## Oxygen Bar

\$30 for 15 minutes

### Calming

*Relaxes & Relieves emotional stress*

### Bliss

*Equalizing, Refreshing, Cheering*

### Zen

*Cooling, Refreshing, Invigorating*